

PE Uniform Update

This year, we have added a black wind suit to our school uniform code to be worn on PE days. The wind suit is optional but suggested for students in grades K-4. Students in grades 5-8 will wear the wind suit on their PE days.

What do you mean by a wind suit? A wind suit is a track suit combining pants and a jacket. Wind suits are loose fitting and typically made from tricot, polyester, a polyester blend, nylon, or the new dry-fit fabrics. We will not allow pants/jackets made from fleece or terry, those that look like pajamas, those that are tight-fitting, or those that look like yoga pants. Capri pants will not be allowed.

Does my child have to wear the wind suit jacket to school? We suggest that your child wears the jacket to school each day, or at least brings it in his/her bookbag. Some of our classrooms can be a bit on the cool side, so the option of putting on a jacket helps with student comfort.

When wearing the wind suit pants, what if my child is too hot at school during September? If your child finds the windsuit to be too hot to wear in school, K-4 children only may wear the navy blue dress uniform shorts on a daily basis in September instead of the wind suit on PE days and then wear the navy blue dress uniform pants instead of the wind suit on PE days starting in October.

Can my children in grades 5-8 just wear their PE black uniform shorts and PE green uniform t-shirt to school on PE days? No, the PE black shorts and PE green t-shirt are not appropriate for all-day wear at school.

Can my child wear the PE black uniform shorts underneath the new wind pants? Yes, and this will allow your child to remove the wind pants for PE class time. Wind pants will not be removed for recess.

What shirt will my child wear on PE days? If your child wears the wind suit on PE days, the options include the PE gym shirt for grades 6-8, the white polo shirt for grades K-8, or the white blouse for girls in grades K-8. Students in grades K-4 may wear the PE green uniform shirt, but this is optional. If your child instead wears the navy blue dress uniform shorts or navy blue dress uniform pants on PE days, the shirt options are the same. Shirts will be tucked in at all times.

Can girls in grades K-4 just wear their jumpers on PE days? Yes, but girls should wear shorts underneath their jumpers each day, not just on PE days.

PE Uniform for PE Days Only	Grades K-4	Grades 5-8
Pants	<ul style="list-style-type: none">• Navy dress uniform pants OR• Navy dress uniform shorts (Sept. and May-June only) OR• Optional black wind pants	Black wind pants
Shirt	<ul style="list-style-type: none">• White polo (boys)• White blouse (girls)• Optional PE green t-shirt	Green PE t-shirt
Jacket	Optional black wind suit jacket	Black wind suit jacket

